SCHMITT WOODLAND HILLS WOODLAND HILLS Views

MARILYN'S KITCHEN IN MEMORY OF MARILYN ANDERSON

Marilyn Anderson was a dedicated Christian woman who was guided by her deep faith in her personal Savior, Jesus Christ. She lived a life guided by Biblical principles and founded on the Great New Testament commandment: (found in all four Gospels of the Bible) "You shall love the Lord your God with all your heart, and with all your soul,

and with all your mind....You shall love your neighbor as yourself." Matthew 22:35-40.

Marilyn, and her husband Hugo, had a great concern for the welfare of others. They cared for their family, home, church and work-places with an "others first" attitude. They also taught this way of life to their four children.

In the late 1960s, Marilyn, and a small group from the Richland Center community, helped guide a new vision, on behalf of community need. Because of this group, "The Family Thrift Store" opened in Richland Center. This store is still in business today and it is an asset to the community. It gives back by supporting worthy organizations.

Because of her care for the community, Marilyn was often found attending community meetings and was concerned that they operated their projects in a fiscally responsible manner. She often was found asking tough questions and offering her thoughts as well. She volunteered and worked many years at the Commission on Aging after retiring from her years as an aide at Richland Center High School.

Marilyn was a very involved member of Trinity United Methodist Church for more than 50 years! She helped with dinners, funeral luncheons, and Bible study. She and Hugo were very involved in the Sunday School program and strong supporters of missionary work.

Marilyn's deep loss of her husband, Hugo, caused her to be a widow at age 47. Nonetheless, she continued to care and persevere for her family and her community.

In 1987 she became a caregiver for her aging mother. In 1988 her mother became a resident of Schmitt Woodland Hills and remained there until her passing in 1999. Marilyn was highly involved in her mother's advocacy care, activities, and the mission of Schmitt Woodland Hills.

Marilyn, herself, became a resident of Westview Assisted Living Community in August of 2014. She moved to the Health Care Center in January 2017. She remained there until her death in May of 2019. Marilyn was much loved by the staff; as were her children, who came to visit her often.

Upon Marilyn's passing, her family came together

and began a movement to upgrade the second-floor activity room of Schmitt Woodland Hills. It all started with an idea to add a sink to this activity room. Yet, Marilyn's family wanted to see the activity room become a more user-friendly place for Schmitt Woodland Hills activities and family gatherings. What started out as a sink project has grown to more spacious new countertops, a new electric range and refrigerator and additional electrical outlets. So practical, and so meaningful for the Schmitt Woodland Hills community.

Marilyn's children have used some of these words to describe their mother: "Mom was thrifty and practical: This new kitchen

addition will bring both of those to fruition. Mom enjoyed partaking in any program that was free to the public. She enjoyed learning more about a variety of subjects. She liked music and singing. She loved meeting new people and sharing conversation. She really enjoyed times of food and fellowship! She loved potlucks and gatherings of people for encouragement, care and congregating. She so appreciated when the TRUTHS of Scripture were shared at such gatherings."

This new second-floor activity room kitchen, would never have been possible without Marilyn's children spearheading this project's completion. This year's COVID19 pandemic has certainly provided some challenges and has put certain delays on the project. But now, the materials are all here and the completion of this kitchen is just around the corner. Marilyn would be thrilled to be part of this new kitchen area in the second-floor activity room of Schmitt Woodland Hills!

Schmitt Woodland Hills is ever grateful to Marilyn Anderson's family for all of the many memorial gifts,

MARILYN'S KITCHEN CONTINUED

donations, matching gifts, and other assistance they have provided to make this kitchen a reality.

It will be dedicated as "Marilyn's Kitchen" in her memory. We, the Schmitt Woodland Hills community, are very thankful to her family for making it possible.

Marilyn would want us to consider God's Words from Scripture as we remember her and celebrate the opening of "Marilyn's Kitchen,"

> "Yet to all who did receive HIM, to those who believed in HIS name, HE gave the right to become children of God. -- John 1:12



The 2019 edition of the annual Christmas Gala was certainly a wonderful Holiday event. The Gala was held on Saturday December 14, 2019 from 12:00 until 3:00 pm in the 2nd floor main dining room. Table captains decorated their tables with beautiful holiday place settings and centerpieces and invited guests to join them for a delicious brunch prepared by the Schmitt Woodland Hills dietary staff.

The day saw the guests enjoy hors d'oeuvres and a social time in the 2nd floor lounge, followed by brunch and a silent auction for some wonderful donated prizes and the table center pieces. The dining room featured eight, beautifully decorated tables captained by; Sheila Troxel, Andrea Wertz, Lola Higgins, Chris Drea, Phyllis Keller, Joanne Amell, Linda Harlan Post, LuEtta Livingston and Jackie Carley.

The Gala is a fundraising event which benefits projects and programs designed to improve the lives of our residents. The proceeds from this year's event went towards the purchase of new dining room chairs for the Westview dining room. Thanks to everyone who came and enjoyed some Holiday spirit and helped support our residents at the same time.







SOUTHWEST TECHNICAL COLLEGE NURSING STUDENTS

In November, just before the Christmas holidays, nursing students from Southwest Technical College enjoyed some holiday activities with some of the residents on the last day of their clinical rotation at Schmitt Woodland Hills. Students asked the residents about their favorite holiday memories and then created a memory board out of the responses. The residents and students then baked cookies and enjoyed eating them together.

This was a special holiday treat for both the residents and the students in so many ways!



INSPIRATION BY CRAIG PEACH

The following was written by a daughter-in-law who helped move her mother-in-law into an assisted living facility. It's good for all of us to be reminded about the difficult transition that takes place in people's lives. Also, to realize there's more to any resident than meets the eye.

What Remains?

She's more than an empty apartment

with the scent of old age

We walk through her tiny apartment deciding what to do with her possessions. No longer independent, she must be moved to assisted living.

One granddaughter will take the bedroom suite. A grandson will take the yellow kitchen stool he climbed as a toddler. Her lovely crystal will be divided among the family.

Linens made by ancestors, china painted by a distant relative, silverware hardly used because she wanted to "keep it for special occasions" and a drawer full of old photos—all are reminders of her past.

Is this what remains of human life when independence is no more?

As a young woman she gardened. She raised her children. She sang as she washed dishes.

THE ROLLS-ROYCE OF TRISHAWS

The Chat is a new trishaw model developed over an 18-month period by Van Raam, a company that has been designing and manufacturing quality adaptive cycles in the Netherlands since 1974. The Chat features a 1-meter wide cushioned seat, with a front footrest that lowers completely to the ground, activated by the pilot from behind the passenger box. The passenger box rests on a spring suspension, which absorbs some of the road bumps and makes the ride for the passengers more comfortable.

The Chat comes with a 60 Nm electric-assist motor that can be controlled both by a console on the handlebar and by the Van Raam App on your smartphone. It even has a 'reverse gear' – you simply pedal backwards, and the Chat backs up! The 8-speed derailleur offers plenty of gearing options. The cast aluminium front wheels provide strong support for the passengers and the trishaw.



A painting of a smiling Christ hangs above her bed. A worn Bible sits nearby. A Christmas cactus waits patiently for a sprinkle of water. The carpet is worn, the paint is chipped, and the water faucet drips.

Ninety-six years of living and this is what remains.

There is more to her than a 27-inch TV. She held babies and saw them grow into adults. She rode in horse-drawn carriages as a girl. She saw men walk on the moon in her middle years. She danced. She rode a donkey in the Rockies. She fished. She laughed. She rolled bandages at church. She isn't just a shadow on the wall. God knows her. She's a living being with a soul.

There are memories of a daughter who was a homecoming queen and a son who was a football hero.

There was a front-porch swing where they sipped lemonade and the rose garden in the back yard. There was the taste of ice cream, the feel of satin and the endless, hot white sky on a summer afternoon.

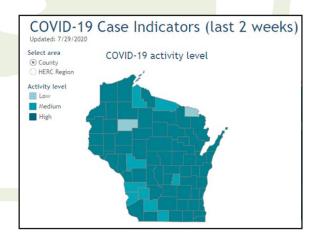
She doesn't see or hear well, or even walk steadily, but she's still a person with memories.

She's more than an empty apartment with the scent of old age. She has a heart. And inside her heart she wants to sing and dance again.

COVID-19 ACTIVITY LEVELS

According to data released by the Wisconsin Department of Health Services on Wednesday July28th, increases in new cases continue to rise in most counties throughout the state. In 61 of Wisconsin's 72 counties activity is rated as "High". Richland County is still an exception. Our activity level is rated as medium while only two counties are rated as low. It is also interesting to note, on the map shown below, that of the nine counties rated as "Medium", five of them are in our area of southwest Wisconsin. The five counties are Richland, Vernon, Crawford, Iowa and Green The latest statistics show that Richland County has had 22 cases with 4 fatalities. It should be noted that the Richland County site is showing a total of 25 cases at this time.

Whichever number you look at, it is still concerning that the number of cases continues to rise relatively quickly. SWH is planning to continue the precautions we have implemented to protect our residents and staff. They have worked thus far and there is no reason to let down our guard now.



NINETY-TWO AND STILL GOING STRONG

Schmitt Woodland Hills resident Jean Birkett directed the 2020 version of the Living Last Supper. The following article, written by Andrew Sharp, is reprinted courtesy of The Richland Observer.

Every local presentation of "The Last Supper" has had one thing in common: they have all been directed by Jean Birkett.

Jean, the Grande Dame of local area theater, directed at UW-Richland for many years. The late George Laubmeier first brought the show to the attention of Jean and Nancy Keegan back in the 1990s and there have been many happy returns since then.

"I love 'The Last Supper' because it's inspirational, Biblebased, reverent, dramatic, colorful and the music surrounding it takes us out of ourselves," she said.

Jean is a Richland Center native, born July 3, 1927. Her parents were Basil and Mabel Harn Kanable, both of whom taught in rural schools. Her father was a Lieutenant in World War I and her mother was asked to be principal of Viola High School in 1919, but turned it down to get married. Married women didn't work in those days! Her mother took Jean and her sisters to shows, even Maud Brooke's tent shows, held in Krouskop Park.

In 1934, her parents opened The Central Store, which stood were Associated Bank is today. Jean learned a lot about people working in the store. She and her sister, Marian, even wrote a book entitled "The Store" based on stories about their customers and other clerks.

Jean graduated from Richland Center High School in 1945 and went on to the UW to major in English, with minors in Speech/Theater and French. Her first job teaching was at Waupun High School. It was there she directed her first play, "Arsenic and Old Lace." After her first show, the school principal called her into his office and told her to take out the single use of the word "hell" from the script. The local church wouldn't tolerate it!

From there, Jean came home to live with her husband, Bill Birkett, and taught at Lone Rock High School. After that, she taught at UW-Richland. It was she who opened up the campus productions to students and the community alike, as there weren't always enough students to mount a musical. This arrangement still persists.

Her first show at the campus was "Pride and Prejudice." Other favorites were "Murder in the Cathedral," "Blythe Spirit" and "Our Town." Nancy Keegan was an actress in those shows and together they did the first show for the revived Community Players, which was "All My Sons."

In 1986, Jean took a sabbatical to go to England. There, she studied at the Wordsworth Birthplace, reading about the Wordsworths, especially Dorothy. In Yorkshire, she studied at the Brontë Library, reading about Charlotte Brontë. She wrote a play about Dorothy Wordsworth that was presented at the campus library in 1993 as well as a book for younger readers about Charlotte Brontë, which was published in 2006.

In 1993, Jean, Nancy Keegan and George Laubmeier directed "Joseph and the Amazing Technicolor Dreamcoat" and followed it up with "The King and I" in 1995. It was during this time that George introduced "The Last Supper" to Jean and Nancy, which he had seen while in the Air Force.

Jane Basarich was the first producer and Marilyn Loft Houck designed the set.

When asked why she loves theater, Jean, as peppery as ever, retorts, "Why ever not?" She goes on, "It's story-telling at its best. It combines all the arts: acting, dancing, painting, costuming, make-believe and takes us out of our little lives to other worlds, other centuries, meeting amazing people!" She loves directing because she gets to "meet smart, lovely, talented people and watch them grow into the part they take on. Also, working with the crew who put a show together is great – learning from others and being inspired by their dedication and hard work to make it all happen."

How has she managed to keep going at age 92? "Dumb luck, probably," she says. "Mainly, I have loved life, had good, sensible parents and married a good man who I loved and respected. While I was at first disappointed to end up in little old Richland Center, I've come to believe it was the right place to raise three good kids and where we could express ourselves through our interests; Bill in government and I at the campus, which I loved. What more could a poor girl want?"





NEW PARKING GARAGES FOR APARTMENT RESIDENTS

After several false starts, the new parking garages for the apartment residents are a reality. At one time, there were a few garages that were used by the apartment residents to shelter their vehicles. But this old structure was more akin to a lean-to than a garage. The structure was torn down in 2014 to make room for the new Health Center.

Construction on the first unit was begun in the fall of 2019 and was completed before the winter snow began to fall and will shelter our resident's automobiles from the worst of winter's unpredictable weather. This first unit will house five separate garages, with concrete floors, electricity and garage door openers with remote access. This unit is located just beyond the Westview Walkway at the bottom of the asphalt parking area that runs along the west side of the new building.

There was a "phase two" for this project as well. A second set of garages was constructed on the previous site of our maintenance garage behind the Dietary Department and the loading dock. The existing maintenance garage was re-located to an area just off the circle drive at the north entrance.

The construction of these new garages was totally funded through private donated gifts. A former resident remembered us in her estate plans with a wonderful gift. Several apartment residents made significant contributions to the project along with many other donations and memorial gifts which helped make this project possible. We wish to thank all our supporters who continue to believe in our mission and bless us in so many ways.



SOUTH WEST TECHNICAL COLLEGE SCHOLARSHIPS AWARDED

Each year Schmitt Woodland Hills grants two scholarships to students enrolled in the nursing program at the college. This year's scholarship recipients were certainly very deserving and have some interesting ties to SWH.

One of the recipients is a current employee of SWH. Aleya Stibbe started working here while attending Richland Center High School. During High School she was involved in track, Student Council, National Honor Society, 4-H, FFA, dance and gymnastics. Aleya completed the CNA (Certified Nursing Assistant) class at Southwest Tech and had been working 10 hours per week at Schmitt Woodland Hills while still in High School. She plans to continue to work while pursuing her nursing degree.

We are very proud of what Aleya has accomplished and appreciate her skills in caring for our residents. We wish her nothing but luck in furthering her career.

The other recipient, Deanna Louis, is an Ithaca area resident and has many connections in the area including the County 4H Horse Project and the Ithaca PTO. Deanna is currently an LPN and has been working in a

Madison hospital for the past 20 years. Ironically, Deanna stated that, "Schmitt Woodland Hills gave me my first job as an LPN more than 30 years ago, so words cannot express how I feel as I start another new chapter."

We are certainly delighted, in some small way, to be part of Deanna's new adventure.



COVID-19 ACTIVITIES

It's all about the social distancing during these times but we still find ways to have fun and be entertained.

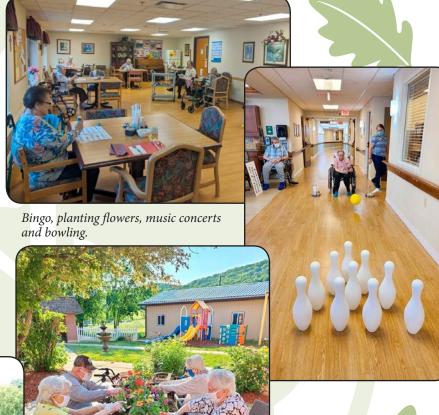


Outside booth and window visits with family members.









COVID-19 ACTIVITIES CONTINUED









Campfires, "snowball" fights and s'mores.

LOUISE SHADAUER CELEBRATES HER 100TH BIRTHDAY!

On December 5th, "Jap" McCarthy & Donna Olson stopped by Schmitt Woodland Hills to help Louise Shadauer celebrate her 100th birthday. Once there, Louise, her sister Kate Crary, Donna & Jap went to the Phoenix Center for a long-promised beer to celebrate the momentous occasion. It was a great day and everyone was back at SWH before the cows came home.





TREE OF CONTINUED CARING

DONTATED BY:	IN MEMORY OF:
Kate Crary	Donald Crary
Kate Crary	Harry Cooper
Kate Crary	Calvin Cooper
Kate Crary	Anna Cooper
Kate Crary	
Frances Cooper	_
Frances Cooper	Buford T. Cooper
Frances Cooper	
Frances Cooper	
Frances Cooper	•
Frances Cooper	
Frances Cooper	
Frances Cooper	Mildred Cooper
Frances Cooper	
Frances Cooper	
Frances Cooper	
Patricia & Chris Kreger	_
Mary Jean Fruit	
Steve & Pat Madsen	Bill Corey
Virginia Wiedenfeld	
John & Joyce Tennant	
Fred Fry	
Dorsey Ames	•
Dorsey Ames	•
Dorsey Ames	
Faye Templin	
Craig & Sherry Peach	
Gladys Anderson	
Gladys Anderson	
Arlene Moser	
Judy & Wayne Madsen	
Joe & Kristi Durst	
Joe & Kristi Durst	
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Joe & Kristi Durst	Darlene Perkins
Joe & Kristi Durst	Florence Durst
Brent & Nancy Clausius	Rollin Briggs
Brent & Nancy Clausius	Betty Briggs
Brent & Nancy Clausius	Joe Clausius
Brent & Nancy Clausius	Helen Clausius
	Rollin Klinzing
Brent & Nancy Clausius	Dr. R.E. Housner
Vicki Burkheimer	Carl Maxwell
Vicki Burkheimer	Anna Buroker
Vicki Burkheimer	Vernon Maxell
Jackie Carley	Ellen Jorgenson
	Virgil G. McCauley
	Madelene McCauley
Virginia McCauley	Roland McCauley
	Wyvonne Merry
Virginia McCauley	Marilyn Williams
	Garland Fruit
	Mara Felton
Mary Knothe	Mike Knothe, Son
Mary Knothe	Mark Knothe, Son
	Margurite Kinney, Dad & Mom
Barb & Tom Harvey	Tom Harvey
Barb & Tom Harvey	Bonnie Harvey
	Basil Kanable
Jean Birkett	Mabel H. Kanable
Jean Birkett	Marian Kanable
Jean Birkett	Anne Kanable Ziesmer
Jean Birkett	William W. Birkett
Jean Birkett	Graham Eugene Wilson
	Henry & Norma Knoble
Larry & Sue Hallett	Allan "Bud" Moser
Larry & Sue Hallett	Ruth Moser
	Richard Moore
Sharon Moore & Family	Kathryn Moore
Sharon Moore & Family	Harold Moore
Sharon Moore & Family	Marlene West
	Stella Walty
Sharon Moore & Family	Wilma Peterson
	Joseph Peterson
	Norma Peterson
Sharon Moore & Family	Charles Peterson
Sharon Moore & Family	Infant Elayn Anderson
Wes & Diane Panzer	. Robert M. & Chystal F. Panzer
Sharon Grapengieser	Richard Chitwood
Sharon Grapengieser	Ed Chitwood
Sharon Grapengieser	LaVonne Klinzing
	Warren Pfeil Judy Davis

IN MEMORY & IN HONOR GOLF OUTING FUNDRAISER

Diane Guildner	Fred G. Hansen
	Martin & Phyllis Hansen
Patricia Schiro	Robert & Winnifred Brewer
Patricia Schiro	Carolyn Burnham
Patricia Schiro	Mary Catherine Meyer
	George Schiro
	Kenneth & Augie Olson
Bruce & Mary Lou Tessmer	John & Esther Perkins
•	June McNamer
	Betty Tennant
Bob & Kris Weeden	Clarice Shelton
Bob & Kris Weeden	Fred Sr. & Verna Mohrmann
Bob & Kris Weeden	Ramona Adsit
Bob & Kris Weeden	Jean Walsh
Bob & Kris Weeden	Camilla Mohrmann
DONTATED BY:	IN HONOR OF:
Roger & Karla Fisher	Diane & Brad Walker
Patricia & Chris Kreger	Fred Mohrmann
Patricia & Chris Kreger	Jean Barnes
	Jean Birkett
	Eunice Moore
Virginia Wiedenfeld	Virginia Wiedenfeld
	Fran Cooper
	Carol Wilson
	Jane Greiling
	Laura Fruit
	Sandra McCauley
	Jean Marshall
1 0	Ruby Chitwood
	Quamme Family
	Hopkins Family
	Wisniewski Family
	Ardith Hansen
	Irma Miller
	Fred Mohrmann, JR
	Jean Barnes
Bruce & Mary Lou Tessmer	
	er Teachers who reside at SWH
	SWH Staff
	SWH Staff
	SWH Staff & Volunteers

EVENT SPONSORS

2020 4th Tommy P. Harvey Memorial Golf Fundraiser

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Major Supporters

2020 4th Annual Tommy P. Harvey Memorial Golf Fundraiser

- Tri-state Basement Repair
 - Walsh's Ace Hardware
- Wallace, Cooper and Elliott Insurance Co.
 - Jim & Heidi Olson
 - Tigerton Trading Co.
 - Carol and Steve Stevenson
 - Jim Husnik
 - Richland Locker Plant

PRIZE DONORS

2020 4thTommy P. Harvey Memorial Golf Fundraiser

Golf Course Raffle Prizes, Flight Prizes

& Cash Donors

Lori Beatty, Joe Durst, Green Bay Packers, Cindy Hanold, North West Respiratory, Jim & Sue Patch, Prairie Du Chien Country Club, Quail Run Golf Links, Richland Hospital, Viroqua Hills Golf Course, Jeffrey Vodak, Richard & Betty Wastlick.

GOLF OUTING FUNDRAISER CONTINUED

Schmitt Woodland Hills held the 4th Annual Tommy P. Harvey Memorial Golf Outing on July 16th at the Viroqua Hills Golf Couse in Viroqua.

Even though the event was held on a beautiful sunny day, the cloud of the COVID-19 pandemic hung over the event. We were extremely grateful for the 66 golfers who turned out for the event. We would also like to offer a special thanks to our major local sponsors for their support:

Tri-state Basement Repair, Walsh's Ace Hardware, East Side BP & the Richland Mobile Mart, Jim & Heidi Olson,

The Fillback Family of Dealerships, Wallace Cooper & Elliott Insurance Agency, Richland Family Prescription Center, Poppy CPA, Martin Brothers Distributing Co.

We also thank the many business and professional service organizations who sponsored holes and had their logos displayed on signs along the course. Thanks to this support, we will be able to initiate a project to remodel the kitchen in our Westview assisted living facility.

A LOVE POEM BY KATHY HAMBY

Mom lost her voice due to a form of Parkinsonism. Poor eyesight made it difficult for Mom to print as well. During the last few years of her life, Mom communicated through facial expressions or her own made-up sign language.

As I was walking into Schmitt a few days before Mom passed away, I actually prayed that IF Mom tried to speak to us, we would hear her. Five minutes later, I was picking up papers in Mom's room. On the back of a Church Newsletter, Mom had written a word – FOREVER.

FOREVER

I've hoped and prayed for one last word – a gift to me from you

A word to offer comfort – a word to help me through You have the strength to tell me, though your body's tired and weak

So I hope that I'll be listening and I'll hear you when you speak

You are tough, so I am sure that you will find a way To share your final message – you have something more to say

There! I see that paper with letters bold and clear You wrote the word "FOREVER". It's a message I'll hold dear

I hear just what you mean, with the word you chose to share

That you've entered life eternal – forever in His care Forever I will love you. Forever you will be The mom who left a special gift; one final word for me I'll love ya muchly and forever!

JACKIE'S JOURNAL: TOGETHER WE CAN DO SO MUCH

I don't know about you, but I sure am getting tired of hearing the expression "during these extraordinary times". We hear it on the evening news, on social media and many forms of advertising. These are extraordinary times and throughout it all we have also heard the phrase "while we are working through this together".

Whenever I hear this phrase I am reminded of the words of Helen Keller when she said, "Alone we can do so little; together we can do so much." How true this is! Therefore, I want to take this opportunity to thank the families of our residents for their patience, their help and their understanding. We have received so much support from the families. Support for some of the strict policies we have implemented. Support for some of the tough decisions we have had to make. It hasn't always been easy, but we have worked together to resolve the issues created by the pandemic. So once again, thank you for your patience and support. Thank you most of all for playing a huge part in helping us achieve our goal of keeping all of our residents safe.

I also want to thank our residents. They have been the ones that have borne the brunt of the restrictions that we have had to place on their daily routines. By and large they

have accepted these restrictions, knowing they were put in place to protect them. That's not to say there hasn't been a question or a reluctant grumble here and there, because there has. But we have worked together to achieve our goal of keeping them all safe.

Last but certainly not least, I want to thank the most awesome staff an administrator could ask for even in the best of times. These are not the best of times and we have asked our staff to do extraordinary things. Not just once, but seemingly every day. They have performed beautifully, day after day under the most difficult of situations. I will never be able to thank them enough for all they have done to help us achieve our goal to keep all our residents safe. Thank you and God bless you all.

Jackie Carley, Executive Director

CARING PEOPLE MAKE A DIFFERENCE

BY TEONA SALAZAR (WESTVIEW, RESIDENT ASSISTANT)

When working in a healthcare facility it's not enough just to show up to work every day and simply, "do your job"! It takes so much more than that. It's about the attitude you put forth every day and the smile you put on your face even through the trying times. It's about the compassion and understanding we show each and every resident to help them feel a little less alone.

Personally, I believe the people who show they care more about our resident's quality of life, than the amount they are getting paid are the real foundation of a facility like Schmitt Woodland Hills. They're the people that go the extra mile just to bring a smile to the face of someone who needs it, more than we even realize. To someone that truly cares that's all the satisfaction they need. It's not about the money or the public recognition, it's about knowing that in that moment they're making a difference in the life of another.

While working as a resident assistant there have been a few residents that have made the comment that they can tell when a person actually cares for the people that live here and about the work they do. Our residents notice the staff members that take the extra time out of their busy schedules to ensure they are taken care of and have everything they need to feel more at home. It doesn't take a lot to make someone feel as though they are cared for and loved, it's really about the small gestures you do like taking the time to listen when they speak, even if it is the same story you hear them tell all the time. Because to them it's the first they've told it. To our residents something as simple as a compliment on their appearance can have the positive effect of brightening their mood and might make them feel a little bit better about something they may be feeling self-conscious about.

There was a lady I cared for since I started at Schmitt. I had come to care about her quite a bit in the time I knew her. She had fairly severe dementia and never understood why she was here, instead of living in her home with her beloved dog. She was often pretty unhappy about her situation and sat with a scowl on her face most of the time. She could be a bit hard to interact with, any response she gave more than likely would come out harsh sounding and curt. She was by no means a mean lady, more so misunderstood, because of how the progressing dementia had changed her behaviors.

There was a particular day I remember very fondly. She was sitting alone in the lounge area with the same frown on her face as usual. I had just been working on some charting and as I was putting a book away, I took noticed a bag of nail polish sitting there. I selected a few nice shades out and went out and sat next to the lady with a smile on my face and asked her if she would like her nails painted. She looked down at her hand and looked



at me with kind of a sad look, and said she had thought her hands were too ugly for that. I took her hands in mine and reassured her that wasn't the case and showed her the selection of colors I had. Her eyes lit up and she selected a very pretty pink. We chatted the whole time about her dog and her life. When we finished, she looked at her nails excitedly and she got the biggest smile I have ever seen on her face. The rest of the day was filled with her smiles as she showed everyone she saw, just how pretty her nails were.

That is the reason I love and cherish what I do so much. Its moments like that I like to think about when my day's been rough. Knowing that each day I make a difference in someone's life in some way, is one of the best feelings imaginable.

This year the Corona Virus has caused the cancellation of the Alzheimer's and Dementia Alliance fund raising walk held at the UW Richland Campus.

Please help the

Schmitt Striders Alzheimer's Walking Team raise money for the *virtual walk* to be held in it's place



Send donations to Schmitt Woodland Hills

Attention: John Tews



1400 W. Seminary Street · Richland Center, WI · 53581 (608) 647-8931 · www.schmittwoodlandhills.com

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We are updating our Westview Assisted Living Facility

Our plans are to:

- · update the dining room and kitchen
- Showers in each of the Private Rooms
- Creation of a separate Memory Care Unit

If you would like to help, please complete the following and mail to the attention of Bill Bartlett, Director of Development

l wou	uld like to donate \$ to	the Westview	Project	
Name:				
Address:	City:	State:	Zip:	
Phone:	E-mail:			
My Check is enclosed				
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At this time of Covid-19, our fund raising abilities are limited

We Thank you for your support



